

### **Concordia News**

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#### December 2009

Volume 4

A newsletter for members, families, and friends of Concordia Lutheran Church and Concordia Cemetery Association

Number 12



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We find ourselves in the season of Advent. It is a season that is largely skipped over by the broader culture in the rush towards Christmas. Traditionally, it has been a season of spiritual preparation for the coming of Christ. It has been a time where the believer asks himself or herself the question, "Am I prepared for the coming of Christ?" In ancient times the response to the depressed mood of the increasingly short and cold days has been to respond by consuming. The response of the early Christians was to do the opposite of consuming. The hope was that by living a life of self-denial that they would be filled more fully by the coming of Christ. Their hope was to be filled by that which gives life rather than that which would succumb to moths and rust.

As Lutherans we believe that God comes to us with or without our preparations for Christ's arrival. Perhaps, however, we have rejected too much of the ancient Advent spiritual traditions of fasting and prayer. Perhaps we could all benefit by "tithing" in a different way; spending just 10 % of the time we spend shopping in scripture reading and prayer.

Christmas is coming. The question for us is: Will we be fed only by that which broadens our waistline or will we be fed with the food that nourishes us spiritually as well?

Let us worship together this Advent season as we gather to hear the great prophecies out of the Old Testament which foretell the coming of the Christ child. Gathering together as a community of faith and placing ourselves where God promises to meet us (in Word and Sacrament) we look forward to Christ being born in our hearts anew this year.

Have a blessed Advent and Christmas!

Pastor Bruce Krogstad

#### **Announcements & Assignments**



December 8, 2009 1:30 pm Meeting:

Bible leader: Group

Delores Hagene Lunch:



Love is what's in the with room you Christmas if you stop opening presents and -Unknownlisten.



#### Cookie Servers

Dec. 6 Irene Olson Dec. 13 Barb Grover Dec. 20 **WELCA** 

Dec. 27 Polly Hanson

If you know of someone who is in the hospital or would like a home visit please let me know. I can be reached at 218-329-2245.



Thank you! Pastor Bruce



#### Concordianews.org

At Kids Corner, the theme for December is "The Three Kings." Kids Corner is located in the Congregation section of our website. Do you have a family member or friend who would like to be able to read this newsletter in large print? Each month a large print edition of Concordia News is available in the Newsletter section of our website.

Christmas waves a magic wand over this world, and behold, everything is softer and more beautiful. Norman Vincent Peale

May Peace be your gift at Christmas and your blessing all year through!



#### **Christmas Service**

December 25, 2009 at 10:30 am

#### Recipe for Christmas All Year Long

By Joanna Fuchs

Take a heap of child-like wonder That opens up our eyes To the unexpected gifts in life— Each day a sweet surprise. Mix in fond appreciation For the people whom we know; Like festive Christmas candles, Each one has a special glow. Add some giggles and some laughter, A dash of Christmas food. (Amazing how a piece of pie improves our attitude!) Stir it all with human kindness: Wrap it up in love and peace, Decorate with optimism, and Our joy will never cease. If we use this healthy recipe, We know we will remember To be in the Christmas spirit. Even when it's not December.

> Find more poems at http://www.poemsource.com





#### **Bits and Pieces**

# DonationS

From the Cemetery Association:

#### In Memory of Glenn Kassenborg:

- Aron Kassenborg

#### In Memory of Jerome Shawstad:

- Donald & Evangeline Johnson

#### Grave Marker Repair Donations given by:

- Ida Lewis
- Marietta Gunderson
- Merle & Marge Bekkerus in memory of the Bekkerus Family;

- Lois Jensen

in memory of the Engesetter Family;

- Margret Kragnes

in memory of Alice Grover and her piano lessons given to the Kragnes children. Alice lives on through their love for music.

**Thank You to Andy Ulven** (grandson of Doris Kassenborg) for mowing and trimming stones at the Concordia Cemetery this year.

**Thank You to Val Hagene** for mowing and trimming the Leif Erickson Cemetery again this year.

## Memorials and Donations for the Cemetery can be forwarded to:

Ray Johnson 7333 70 St N Glyndon, MN 56547

## General Fund Checks should be made out to Concordia Lutheran Church:

Lloyd Gunderson 105 3 St N Moorhead, MN, 56560

## Concordia Newsletter checks made out to Concordia News and mailed to:

Valdemar Hagene 6756 70 Ave N Glyndon, MN 56547



#### Thank You

...to all who contributed food and worked at the Center Mall Bazaar in November. It was a great success



. ...to all those who helped with the pork loin dinner in November



#### Recipe of the Month Stuffed Mushrooms

from Allrecipes.com

12 Mushrooms

#### Ingredients

12 whole fresh mushrooms

1 tablespoon vegetable oil

1 tablespoon minced garlic

1 (8 ounce) package cream cheese, softened

1/4 cup grated Parmesan cheese

1/4 teaspoon ground black pepper

1/4 teaspoon onion powder

1/4 teaspoon ground cayenne pepper

- Preheat oven to 350 degrees F (175 degrees C). Spray a baking sheet with cooking spray. Clean mushrooms with a damp paper towel. Carefully break off stems. Chop stems extremely fine, discarding tough end of stems.
- Heat oil in a large skillet over medium heat. Add garlic and chopped mushroom stems to the skillet. Fry until any moisture has disappeared, taking care not to burn garlic. Set aside to cool.
- When garlic and mushroom mixture is no longer hot, stir in cream cheese, Parmesan cheese, black pepper, onion powder and cayenne pepper. Mixture should be very thick. Using a little spoon, fill each mushroom cap with a generous amount of stuffing. Arrange the mushroom caps on prepared cookie sheet.
- Bake for 20 minutes in the preheated oven, or until the mushrooms are piping hot and liquid starts to form under caps.



#### **Bits and Pieces**

#### "Gledelig Jul"

Nisser have a very special place in the traditional Christmas celebrations in Norway. These "little people" were once only whispered about in fear, but over the centuries it became clear they were protectors of farm folk.

Legend says that these red-capped elves came down from their mountain forest homes for the 12 days of Christmas and, if treated well, stayed on the farm to bring good luck to the people who lived there and good health to their animals. Since those early times, the farm children have set out a bowl of *Julegrøt* (Christmas porridge) in the barn as a treat for their nisse on Christmas Eve. If the porridge is forgotten or isn't up to the nisse's standards, he will play tricks on the farmer and his family, or leave the family unprotected and move to another farm!

Over the years, nisser have come to represent the best of Norwegian heritage. During WWII, the red knitted cap, or *lue*, was a national symbol of the resistance to the German occupation. When the Germans figured out what they meant, the caps were banned. The caps were the first things that came out of the closet when the war was won – and proud Norwegian nisser wear them, too!

There have been quite a few well-documented cases of a nisse who became so fond of the farmer and his family that he joined them when they immigrated to America. Don't be surprised if you catch a glimpse of one of these wise old pranksters or see their tiny footprints in the snow along the Buffalo this Christmas season. Rumor has it you can sometimes catch a glimpse of one or two peeking out of the bell tower at Concordia, and some report hearing their Norwegian whispers coming from the balcony at Christmas services!



#### **Christmas Trees**

Evergreen trees have had special meaning to people for millennia. In the depths of winter, their green boughs remind people that spring will come again, and so decorating with them became part of the celebration of the winter solstice.

Germany is generally credited with introducing the Christmas tree as a Christian tradition, and Martin Luther is said to have been the first



to add lights, in the form of candles, to the tree.

#### The Journey to the Buffalo



By Levi Thortvedt Excerpts from the serial published in the *Moorhead Daily News* in 1938

St. Paul made quite a showing to me, lying on a high sandstone bluff. It shown yellowish with the monster buildings on the top of the bluff. It was a beautiful site. The big river with steamboats, two were at the docks, and one was steaming up the river towards the high bridge – I tell you it was a sight for me! We had to stop here a while and make arrangements with the bridge man. It was a toll bridge. It cost twenty-five cents per wagon, ten cents per head of cattle and five cents per head of sheep. Chickens in their crates went free.

Crossing the bridge we were right in the busy streets of St. Paul, which were very narrow with tall buildings on both sides. I wondered how we could get through here with all our contraptions, six covered wagons and a lot of cattle and sheep. Luckily there were no street cars to be found in 1870. The people of St. Paul did not take much notice of us, evidently it was not the first moving outfit that had passed through their streets. We got through in fine shape, although it seemed to take quite a while. We were now headed for St. Anthony, which was a little town on the northeast side of the Mississippi river, just across from Minneapolis.

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Next: Red River Carts

## December 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		Valdemar Birthdey Hagene	Clinton Sabolian Gordy Kassenborg	3	4	5
9:30am Coffee 10:30am Church	7	WELCA 1:30 pm		10	11	12
13 BLUE 9:30am Coffee 10:30am Church	14	15	Don & Evangeline Johnson	Delores Hagene	18	19
20 BLUE 9:30am Coffee 10:30am Church	21	22	23	24 Christmas Eve	25 Christmas 10:30 Service	26
27 WHITE 9:30am Coffee 10:30am Church	28	29  Kristine Lynde	30	31 New Year's Eve		

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You can also visit our website at: http://www.concordianews.org and click on "Newsletter" to read the current or past issues of Concordia News in regular or large print, change your address, sign up to receive the newsletter by mail, or request an email notification when each newsletter appears on the website.

The Concordia News is published monthly by Concordia Lutheran Church and Concordia Cemetery Association.

Concordia Newsletter Staff

**Editors**: Karolynn Decker & Sylvia Teigen Treasurer/Distribution: Valdemar Hagene

Web Edition: Alene Sladky

Articles, announcements, acknowledgements, photos, etc. should be given to the editor.

To submit an item for the newsletter:

**E-mail**: news@concordianews.org **Write**: Karolynn Teigen-Decker 915 4th Avenue South

Moorhead MN 56560

Deadline for submission of material is the 20th of each month

Concordia Lutheran Church/Cemetery Assoc. 6637 80th Avenue North Glyndon, MN. 56547 ADDRESS SERVICE REQUESTED www.concordianews.org

You are always welcome at Concordia Lutheran Church

**Handicap Accessible** 

Sunday Worship: Coffee Hour: 9:30a.m

Worship Service: 10:30a.m.

**Communion**: 1st Sunday of the month

Concordia Women of the ELCA:

Second Tuesday: 1:30 p.m.

Pastor:

Bruce Krogstad

**Office**: 218-233-0459 Cell: 218-329-2245

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