

Concordia News

March 2010

Volume 5

A newsletter for members, families, and friends of
Concordia Lutheran Church and Concordia Cemetery Association

Number 3



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Our synod is fortunate to have a bishop who takes seriously a primary part of his vocation, which is to teach. Thankfully he is also a gifted theologian. The following excerpt is taken from a piece he wrote in the most recent Northwestern MN Synod newsletter. He states that every Christian has a vocation. When a farmer is faithful in carrying out his vocation to be the best farmer he can be, then God is feeding people. When a parent is faithful in his or her vocation, God is raising up a generation of productive adults.

We currently are in the season of Lent. Luther reflects below on the implications of the cross for our vocations:

The Bitter With the Sweet

...All of this makes the notion of vocation sound mighty appealing. But there is a downside in this—Luther called it the “cross” in our vocations. As we are faithful to all the roles, relationships and stations we occupy we will inevitably run into obstacles and suffer in some way, at some time. This is true even for the vocation of being a parent, as Luther observed: *“Alas, must I rock the baby, wash its diapers, make its bed, smell its stench, stay up nights with it, take care of it when it cries, heal its rashes and sores, and on top of that care for my wife, provide for her, labor at my trade, take care of this and take care of that, do this and do that, endure this and endure that, and whatever else of bitterness and drudgery married life involves? What, should I make such a prisoner of myself?”*

When we find that our callings bring drudgery or boredom with them, we wonder whether they’re worth it. This too, is God’s work in us—reducing our pride, cutting us down to the right size, opening us up to look to God (not ourselves!) for all good things. And then our vocations return to us as the gifts they were always meant to be. Once again, in Luther’s colorful way of saying it: *“O God, because I am certain that thou hast created me as a man and hast from my body begotten this child, I also know for a certainty that it meets with thy perfect pleasure. I confess to thee that I am not worthy to rock the little babe or wash its diapers or to be entrusted with the care of the child and its mother. How is it that I, without any merit, have come to this distinction of being certain that I am serving thy creature and thy most precious will? O how gladly will I do so, though the duties should be even more insignificant and despised. Neither frost nor heat, neither drudgery nor labor, will distress or dissuade me, for I am certain that it is thus pleasing in thy sight.”*

May God bless you as you live out your vocation in your daily work this season of Lent.
Bruce Krogstad

Announcements & Assignments



Meeting: March 9, 2009 11:30 pm
Lunch: Fryin Pan – Moorhead



Lenten Services

Every Wednesday in March
Meal at 5:00 PM
Services at 6:00 PM



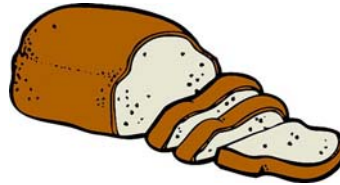
Cookie Servers

March 7 Phylis Nelson
March 14 Irene Olson
March 21 WELCA
March 28 Linda Koester

If you know of someone who is in the hospital or would like a home visit please let me know. I can be reached at 218-329-2245.



Thank you! Pastor Bruce



Bread of Life Food Pantry

Your help is needed to fill the shelves for the food pantry in Felton.

The most needed items are:

1. Ketchup
2. Canned goods
3. Deodorant
4. Toilet Paper
5. Bath soap

Please bring your donations to the church and put them in the boxes under the table in the narthex.



Concordianews.org

"Jesus Enters Jerusalem" is the subject for Kids Corner in March. Kids Corner is located in the Congregation section of our website.

Confirmation pictures through 1969 were scanned from the 100th anniversary book and are on the website under "History" in the Congregation section.



Spring Forward!

Set your clocks ahead one hour before you go to bed on Saturday, March 13th. Daylight Savings Time begins at 2 AM on Sunday, March 14th.

Forbidden fruits create many jams.

A kindergarten teacher gave her class a "show and tell" assignment. Each student was instructed to bring in an object to share with the class that represented their religion. The first student got up in front of the class and said, "My name is Benjamin and I am Jewish and this is a Star of David." The second student got up in front of the class and said, "My name is Mary. I'm a Catholic and this is a Rosary." The third student got up in front of the class and said, "My name is Tommy. I am Lutheran, and this is a hot dish."



Donations

Gift to Concordia News from Dorothy Powers

Gift to Concordia News in memory of Luella Ulness from Regina Hanson

Gift to Cemetery Fund in memory of Luella Ulness from Valdemar & Delores Hagene

Gift to General Fund in memory of Luella Ulness from Ella Swanson

Gift to General Fund in memory of Luella Ulness from Bonita Lilly

Gift to Concordia News in Honor of Doris Eidem from Dorothy M. Powers



Nothing is so beautiful as spring—
When weeds, in wheels, shoot long and
lovely and lush;
Thrush's eggs look little low heavens,
and thrush
Through the echoing timber does so
rinse and wring
The ear, it strikes like lightning to hear
him sing;
The glassy pear tree leaves and blooms,
they brush
The descending blue; that blue is all in a
rush
With richness; the racing lambs too have
fair their fling.

~ Gerard Manley Hopkins

He who reigns within himself, and rules
passions, desires, and fears, is more than a
king.

~Milton



Recipe of the Month

Onion Frittata

Serves 4

Ingredients

- 6 eggs
- 3 small white onions
- 3/4 c. whole milk
- 1 heaping TB flour
- 1 TB grated Parmesan
- 1 TB butter
- Olive oil, salt and pepper

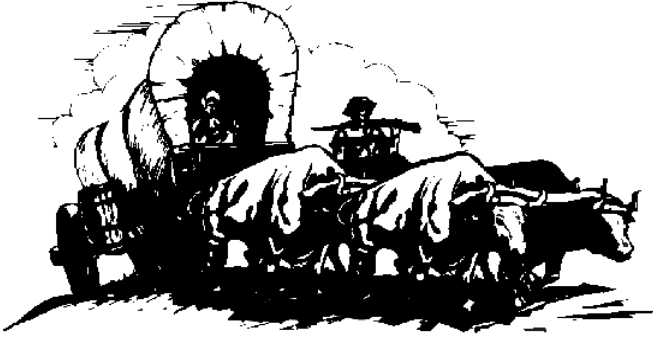
- Peel and slice onions
- Preheat a small amount of oil in skillet over medium heat
- Cook onions until they are wilted and translucent, but not browned, remove from heat.
- Lightly beat eggs in a bowl. Slowly add milk, flour, and cheese. Add onions and salt and pepper to taste.
- Melt butter into skillet over medium heat, add egg mixture. Cook thoroughly on one side, flip the frittata and cook on the other side.

Can be sliced and served hot or cold.
Add a green side salad for a complete Lenten meal.



Thank you to Kjell Hoelstad and Gene Kragnes for making the wooden crosses for Lent and to Kathy Krogstad for making the cross/peace symbols for the cross during the Lenten season.

The Journey to the Buffalo



By Levi Thortvedt

Excerpts from the serial published in the *Moorhead Daily News* in 1938

We came to a lake called Lightning Lake and camped for the night. After a while a couple of men with a pair of ponies on a double buggy came and camped nearby. After supper my father went over to them and they asked him where he was going. When he said, "The Red River Valley," they became very talkative as they lived there. They said, "You are heading for the greatest farming country in the world." They described this land and it was the same description as Paul Hjelm Hanson and Ola Strandvold (now of our company) had given. Ole came over to them and shook hands as he knew them both. One was his close neighbor, who lived across the river on the Minnesota side. His name was E R Hutchinson. The other was R M Probstfield who lived farther up the river also on the Minnesota side.

They were old-timers in the Red River Valley. Hutchinson had been in the employment of the Hudson Bay Company for fourteen years and Probstfield for twelve years. They were on a trip to St. Cloud for certain provisions.

Tuesday, June 21, we moved on in clear weather. The country is getting more level. Far to the east we could see blue hills. It was what they call Leaf Mountains in Ottertail County about 20 miles away and timber could be seen here and there, far to the east. Towards night we reached Old Crossing. Here was a ferry on which to cross the Ottertail River. It was a toll ferry. We finally got all our contraptions over and camped.

Next: *The Great Red River Valley*

A lot of church members who are singing "Standing on the Promises" are just sitting on the premises.



How to Stay Young














1. Throw out nonessential numbers. This includes age, weight and height. Let the doctors worry about them. That is why you pay them.
2. Keep only cheerful friends. The grouches pull you down.
3. Keep learning! Learn more about the computer, crafts, gardening, whatever, even ham radio. Never let the brain idle. 'An idle mind is the devil's workshop.' And the devil's family name is Alzheimer's.
4. Enjoy the simple things.
5. Laugh often, long and loud. Laugh until you gasp for breath.
6. The tears happen. Endure, grieve, and move on. The only person, who is with us our entire life, is ourselves. Be ALIVE while you are alive.
7. Surround yourself with what you love whether it's family, pets, keepsakes, music, plants, hobbies, whatever. Your home is your refuge.
8. Cherish your health: If it is good, preserve it. If it is unstable, improve it. If it is beyond what you can improve, get help.
9. Don't take guilt trips. Take a trip to the mall, to the next county; even to a foreign country but NOT to where the guilt is.
10. Tell the people you love that you love them at every opportunity.

-George Carlin

AND REMEMBER:

Life is not measured by the number of breaths we take, but by the moments that take our breath away,

March 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><u>Lenten schedule for Wednesday Services</u> 5:00 Meal 6:00 Service</p>	<p>1  Peggy Kragnes</p>	<p>2</p>	<p>3  Edw. & Caroline</p>	<p>4</p>	<p>5</p>	<p>6</p>
<p>7 PURPLE Communion 9:30am Coffee 10:30am Church  Kathy Grover</p>	<p>8  WELCA 11:30am</p>	<p>9</p>	<p>10 </p>	<p>11</p>	<p>12</p>	<p>13</p>
<p>14 9:30am Coffee 10:30am Church PURPLE</p>	<p>15</p>	<p>16</p>	<p>17 </p>	<p>18</p>	<p>19</p>	<p>20  "Carolynn" Becker</p>
<p>21 9:30am Coffee 10:30am Church PURPLE</p>	<p>22  Jim & Linda Koester</p>	<p>23  Ralph & Barb Grover</p>	<p>24  Durt & Kris Lynde</p>	<p>25</p>	<p>26</p>	<p>27  Dick Wang</p>
<p>28 PALM SUNDAY 9:30am Coffee 10:30am Church PURPLE or RED</p>	<p>29</p>	<p>30  David Kragnes</p>	<p>31  David & Peggy Kragnes</p>			

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The Concordia News is published monthly by Concordia Lutheran Church and Concordia Cemetery Association.

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Articles, announcements, acknowledgements, photos, etc. should be given to the editor.

To submit an item for the newsletter:

E-mail: news@concordianews.org

Write: Karolynn Teigen-Decker
915 4th Avenue South
Moorhead MN 56560

Deadline for submission of material is the 20th of each month

Concordia Lutheran Church/Cemetery Assoc.

6637 80th Avenue North

Glyndon, MN. 56547

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www.concordianews.org

**You are always welcome at
Concordia Lutheran Church**

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Sunday Worship:

Coffee Hour: 9:30a.m

Worship Service: 10:30a.m.

Communion: 1st Sunday of the month

Concordia Women of the ELCA:

Second Tuesday: 1:30 p.m.

Pastor:

Bruce Krogstad

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Cell: 218-329-2245

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